

# How to Teach your Congregation to have DQT

## I. What is DQT?

- a. *Definition* – DQT stands for Daily Quiet Time. Many Christians, old and new, do not understand the purpose of daily time with God, or how to do it.
- b. *Purpose* – The most important thing that we as Christians need to know is the voice of the Lord. As Moses states here:

Deuteronomy 28:1 - And it shall come to pass, if thou shalt hearken diligently unto the **voice of the LORD thy God**, to observe and to do all his commandments which I command thee this day, that the LORD thy God will set thee on high above all nations of the earth:

<sup>2</sup> And all these blessings shall come on thee, and overtake thee, if thou shalt hearken unto the voice of the LORD thy God.

He then goes on to list the wealth of blessings that God promised to Israel if they listened to Him.

Unfortunately, that's not the only thing going on in that chapter. Moses also issues a very solemn warning.

Deuteronomy 28:15 - But it shall come to pass, if thou wilt not hearken unto the **voice of the LORD thy God**, to observe to do all his commandments and his statutes which I command thee this day; that all these curses shall come upon thee, and overtake thee:

So from these promises and curses we see one thing: the most important thing we can do is listen to the voice of God if we want our lives to go well.

Jesus echoes this very same principle in its importance for us as New Testament Christians:

John 10:1-5 - Verily, verily, I say unto you, He that entereth not by the door into the sheepfold, but climbeth up some other way, the same is a thief and a robber.

<sup>2</sup> But he that entereth in by the door is the shepherd of the sheep.

<sup>3</sup> To him the porter openeth; and the sheep hear his voice: and he calleth his own sheep by name, and leadeth them out.

<sup>4</sup> And when he putteth forth his own sheep, he goeth before them, and the sheep follow him: **for they know His voice.**

<sup>5</sup> And a stranger will they not follow, but will flee from him: for they know not the voice of strangers.

So the same message is presented to us in the Old Testament and the New: we must know the voice of God.

But *how*?

## II. Daily

The Lord gives us grace to obey Him. The beauty of the New Testament is that we don't have to try and serve God under our own power. He has sent His Spirit to indwell us and empower us for the lives He calls us to.

The challenge is, as with the Israelites and their manna, the Lord only gives us grace one day at a time. As Jesus has famously said:

Matthew 6:9-13 - After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name.

<sup>10</sup> Thy kingdom come, Thy will be done in earth, as it is in heaven.

<sup>11</sup> Give us this day our **daily bread**.

<sup>12</sup> And forgive us our debts, as we forgive our debtors.

<sup>13</sup> And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.

Thus principle number one in learning the voice of God is, we have to listen to it every day. God has specific instructions for us day by day, and we can't do Thursday's work on Monday. We have to go before Him every day, and ask Him what His will is for our lives for that specific day.

## III. Quiet

Principle number two is, God may not always speak the way we think He will. We therefore have to quiet our spirits and be prepared to hear what He was to say. And we have to receive it in whatever manner He gives it. As Elijah tells us:

I Kings 19:11-13 - And he said, Go forth, and stand upon the mount before the LORD. And, behold, the LORD passed by, and a great and strong wind rent the mountains, and brake in pieces the rocks before the LORD; **but the LORD was not in the wind;** and after the wind an earthquake; **but the LORD was not in the earthquake;**

<sup>12</sup> And after the earthquake a fire; **but the LORD was not in the fire;** and after the fire **a still small voice.**

<sup>13</sup> And it was so, when Elijah heard it, that he wrapped his face in his mantle, and went out, and stood in the entering in of the cave. And, behold, there came a voice unto him, and said, What doest thou here, Elijah?

This is why we cannot be busy, preoccupied, or distracted when we go before the Lord. We must shut off all outside interruptions. We must quiet down our internal thoughts and go before the Lord open and ready to hear.

#### **IV. Time**

God is a person. Not a set of rules. If we think God is a set of rules, all we have is religion. If we understand that He is a person, only then can we have relationship.

Just like every other person you know, you must spend time with them to get to know them. This is unfortunately where so much of our magical thinking as Christians begins to be revealed. We think that we know God because we can quote a few scriptures. But the devil can quote scripture. We think we know God because we believe that He's real. The demons believe that He's real, and tremble. But a relationship with God must be developed over time, much like your relationship with your parents. When you were a child, they dealt with you one way. As you matured, they dealt with you differently.

1 Corinthians 13:11 - When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

So it is with God. He will speak to wherever we are in life. But just as with every single other relationship we have, we must develop it. It changes as we mature. We have to grow into new levels with God. That only happens over time, just like anything else.

So principle number three is to expect growth over time. We won't know everything after one encounter with God. We have to walk with Him, and talk with Him, and grow up. The good news is that God promises us that we are not wasting our time in seeking Him:

Hebrews 11:6 - But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.

#### **V. In Practice**

Step 1: Begin to get up 15-20 minutes earlier than your norm.

Step 2: Prepare your mind by reading a passage of Scripture and then speaking that same passage out loud. If you're unsure of where to start, always start with 1 John. Start with one verse per day, beginning with chapter one.

Step 3: After you've read and confessed the Word, put on some Christian music, at a very low volume level. Sing along as you feel led.

Step 4: Come into the presence of God by saying The Lord's Prayer, found in *Matthew 6:6-15*.

Step 5: Pour out your heart to God. Tell Him everything you're feeling, everything you want, and everything that's going on in your life. Be honest, specific, and don't hold anything back. *Psalm 62:8*

Step 6: Sit still. Enjoy the warm glow of His love, and then listen for His voice. Listen for what He has to say to you for that specific day.

Step 7: Keep a journal. Write down what God says so you don't forget it! Obedience to whatever He told you that morning will bring you victory in that day.

## VI. Conclusions

Teaching your congregation these principles, as well as applying them in your own life as a Pastor or spiritual leader is crucial. As with all things, this framework is just scratching the surface. If you'd like a personal mentor to help you with this, I am available for:

- Telephone Conferencing
- Skype Conferencing
- In person Workshops

Contact my office to schedule an appointment.

- Email: [pdt@ProphetDavidTaylor.org](mailto:pdt@ProphetDavidTaylor.org)
- Phone: 773-792-7748

Initial fifteen-minute consultation is free, and we schedule according to your needs after that. God bless you as you develop and teach others about Daily Quiet Time!